

HONEST FARE

# THE GROUNDS OF THE CITY

GOOD TO GO

Breakfast until 11:30am Mon to Sun

## BREKKIE POTS

Your choice of: Toasted granola, vanilla yogurt, apple & rhubarb compote OR

Almond yoghurt toasted muesli & citrus salad..... 12

## QUICK N' EASY

FRESH FRUIT SALAD *(GF/DF)* toasted granola, coconut yoghurt . . . . . 15

WARM QUINOA, OAT & CHIA PORRIDGE Autumn dried fruit salad, banana, pecans, seeds . . . . . 14

HAM & CHEESE CROISSANT . . . . . 12

TOASTED BANANA BREAD whipped ricotta, toasted nuts, honey . . . . . 12

## THE CLASSICS

SMOKED SALMON CRUMPET citrus cured salmon, poached egg, hollandaise . . . . . 14

BUTTERMILK PANCAKES apple and blackberry compote, vanilla yoghurt & warm maple. . . . . 14

AVO ON TOAST tomato, feta, mint, chilli flakes, salsa verde . . . . . 16

BREKKIE BURGER fried egg, maple bacon, hash brown, cheese, caramelised onions BBQ sauce & aioli . . 15

SAUSAGE & EGG MUFFIN cheese, spinach, smoked tomato relish . . . . . 15

BLT SANDWICH bacon, lettuce, tomato, mayo. . . . . 16

WINTER BREKKIE SALAD halloumi, quinoa, avocado, honey roasted pumpkin,  
kale hummus, roasted almonds, green tahini, sprouts, seeds. . . . . 16

ADD: poached egg +3 | bacon +4 | salmon +4

## FOCACCIA TOASTIES

MORTADELLA honey and three cheese, pistachio pesto, tomato jam . . . . . 15

HEIRLOOM TOMATO & BUFFALO MOZZARELLA basil leaves, pesto . . . . . 15

HAM, CHEESE, SPINACH & MUSHROOM parmesan . . . . . 16

## SIDES

POLENTA CHIPS *(GF)* . . . . . 4.5

HASH BROWN *(GF/DF)* . . . . . 4.5

MUSHROOMS *(GF)* . . . . . 4.5

TOMATOES *(GF/DF)* . . . . . 4.5

SAUTEED SPINACH *(GF)* . . . . . 4.5

HALLOUMI *(GF/DF)* . . . . . 5.5

BACON *(GF / DF)* . . . . . 5.5

TURKEY BACON *(GF / DF)* . . . . . 5.5

FLAKED SALMON *(GF/DF)* . . . . . 5.5

CHILLI BRAISED EGGPLANT *(GF/DF)* . . . . . 5.5

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GOOD TO GO

Lunch from 11:30am Mon to Sun

## THE CLASSICS

### ALL DAY BREKKIE BURGER

fried egg, maple bacon, hash brown, cheese, caramelised onions BBQ sauce & aioli. . . . . **15**

### AVO ON TOAST (GF on request/DF on request)

tomato, feta, mint, chilli flakes, salsa verde . . . . . **16**

**CHEESEBURGER** beef patty, burger sauce, lettuce, onion, ketchup, dill pickles . . . . . **18 / CHIPS +2**

### CHICKEN SCHNITZEL BURGER

stracciatella, celeriac remoulade, green goddess, pretzel bun. . . . . **18 / CHIPS +2**

## SANDWICHES (GF/DF option on request +2.50)

**RAMZEY'S CHICKEN WRAP** fried chicken, tomato, iceberg lettuce, basil pesto, chilli mayo . . . . . **16**

**CORNED BEEF** seeded mustard, Swiss cheese, fennel & celeriac remoulade, pickled chillies, ciabatta . . . . . **18**

**CHICKEN SCHNITTY FOCACCIA** burrata, tomato, grilled eggplant, basil, aioli, pistachio pesto . . . . . **19**

**DELI FOCACCIA** smoked leg ham, salami, mortadella, peppers, provolone, lettuce, salsa verde, stracciatella . . . . . **18**

**SPICED LAMB PITA** feta, tabouli, cabbage, roasted eggplant, zucchini, pickles, tahini, harissa, pine nuts . . . . . **16**

**FALAFEL WRAP** hummus, rocket, tomato, garlic sauce, peri peri, mint. . . . . **15**

**HOT SMOKED SALMON** mayo, capers, Spanish onion, cucumber, avocado, dill, cream cheese, wholemeal. . . . . **18**

**3 CHEESE MELT** cheddar, raclette, provolone on honey & onion focaccia . . . . . **15 / ADD TRUFFLE +10**

**ADD:** avocado, fresh tomato, cheddar cheese, beetroot . . . . . **+3**

## SALAD BOWLS (GF/DF option on request)

**HONEY GRILLED HALLOUMI** kale, sprouts, zucchini, roasted almonds, apple, Job's tears, pickled red onion, chopped broccoli, avocado, flax & hemp seeds. . . . . **16**

**TUNA TARTARE NOODLE SALAD (V on request)** chilli tofu, kale, carrot, cabbage, edamame, Spanish onion, radish, nori, sesame dressing. . . . . **19**

**GRILLED CHICKEN (DF)** quinoa, brussels sprouts, pumpkin, cauliflower, tahini pomegranate, chickpeas, cashews . . . . . **17**

**POACHED CHICKEN** green chilli, shredded cabbage, red onion, roasted carrot, cashews, cherry tomatoes, coriander, coconut & lime dressing. . . . . **17**

**SPICED LAMB MINCE** tabbouli, cabbage, eggplant, zucchini, cauliflower, pickles, tahini, harissa, lemon, spiced almonds & feta. . . . . **18**

**ADD A PROTEIN:** chicken schnitty, grilled chicken, beef brisket, halloumi, chilli tofu . . . . . **+5**