

## BREAKFAST

### FRUITS and GRAINS

- YOGHURT PARFAIT . . . . . 15**  
- Mango, banana & chia with macadamia yoghurt  
GF | DF
- Melon & ruby grapefruit with coconut yoghurt  
GF | DF
- Stonefruit & passionfruit with vanilla yoghurt  
GF
- MINTED MANGO GF | DF . . . . . 18**  
with lime, avocado, cucumber, summer berries,  
poppy seeds and toasted almond flakes
- BIRCHER MUESLI . . . . . 18**  
with fresh green apple, nectarine, raspberry,  
golden raisins, almonds and vanilla yoghurt
- TOASTED GRANOLA GF . . . . . 18**  
with greek yoghurt, honey, sliced bananas  
& summer berries

### Quick and easy

- TOASTED CRUMPETS (2) . . . . . 12**  
with raspberry jam and butter
- DANISH PASTRY . . . . . 12**  
with berries & custard
- BANANA BREAD . . . . . 12**  
toasted with berry compote & mascarpone
- CRUMPET (1) . . . . . 12**  
with cream cheese, chives & hot smoked salmon



### THE Classics

- SMASHED AVO ON TOAST . . . . . 21**  
GF & DF ON REQUEST +2  
with spring greens, caperberries, pickled onion,  
lemon, dukkah & a poached egg  
ADD - HOT SMOKED SALMON +6
- HAM & EGG TOASTIE . . . . . 22**  
with maple glazed ham, bechamel, gruyere, mozzarella,  
bread & butter pickles & jalapeño mustard
- ZUCCHINI FRITTERS ROMESCO GF | DF . . . 22**  
with halloumi, green cabbage, corn & almond salsa,  
coriander, corn crisps, yoghurt & a poached egg
- CHOPPED SALAD GF | DF . . . . . 22**  
with spring greens, hommus, tahini, pickled  
cabbage, fried egg, halloumi & sumac
- BUTTERMILK PANCAKES . . . . . 22**  
with mango, blueberries, vanilla mascarpone  
& maple syrup

### SIDES

- ROASTED TOMATOES . . . . . 5**
- STREAKY BACON . . . . . 5**
- HASH BROWNS . . . . . 5**
- CHORIZO . . . . . 6**
- AVOCADO & LEMON . . . . . 4**
- BABY SPINACH . . . . . 5**
- POACHED EGG . . . . . 3**
- HALLOUMI . . . . . 5**
- ROASTED MUSHROOMS . . . . . 5**
- HOT SMOKED SALMON . . . . . 7**
- POLENTA CHIPS . . . . . 7**  
GF | with jalapeño mayonnaise

### FREE RANGE EGGS



- SOFT SCRAMBLED EGGS . . . . . 21**  
GF & DF ON REQUEST  
with roasted pumpkin, ricotta, sesame & pumpkin  
seed picada, sauteed kale and chilli oil  
ADD - BACON +4 | AVO +3
- CAPSICUM & ROAST  
TOMATO PEPPERONATA GF . . . . . 22**  
with grilled cheese, jalapeño & polenta slice,  
basil, poached eggs & chimichurri  
ADD - SPICY CHORIZO +5
- EGGS YOUR WAY GF | DF ON REQUEST . . . . 15**  
with our sourdough toast
- EGGS BENEDICT . . . . . 23**  
on a toasted sourdough crumpet with kale,  
asparagus spinach & hollandaise sauce  
ADD - BACON +4 | CURED SALMON +7
- WILD MUSHROOM OMELETTE . . . . . 21**  
GF ON REQUEST  
Open omelette with compe, mascarpone,  
Gruyère, hazelnut pangrattato & truffle oil
- BREKKIE BURGER . . . . . 23**  
with bacon, pork sausage, fried egg burger,  
aioli, bbq sauce, pickles, roast tomatoes, avocado,  
hash brown & polenta chips
- BIG BREKKIE . . . . . 26**  
Rosti, poached eggs, hollandaise, turkey bacon,  
chicken chorizo, pickled red onions, eggplant,  
zucchini, mint salad, red pepper sauce & leffe bread

## DRINKS

### Fresh juices

**STRAIGHT UP OJ . . . . . 7.5**

Freshly squeezed orange juice

**TROPICAL . . . . . 8.5**

Pineapple, watermelon, passionfruit & OJ

**IMMUNE BOOSTER . . . . . 8.5**

Green apple, cucumber, celery, kale, broccoli & ginger

### SHAKES AND SMOOTHIES

(DAIRY FREE OPTION ON REQUEST)

**PASSION STATEMENT DF . . . . . 9**

Pineapple, passion fruit, lime, agave, lemon sorbet

**BLUES BROTHERS DF . . . . . 9**

Mixed berries, coconut sorbet, lime & honey

**CREAMY MANGO . . . . . 9**

Mango, vanilla ice cream & mango nectar

**THE BIG BANANA . . . . . 9**

Here since the beginning & here to stay

**SUPER CHOCOLATE & HAZELNUT. . . . . 9**

The chocciest, hazelnuttiest shake in town

### GROUNDS wines

AVAILABLE FROM 10AM

**SPARKLING** 120ML GLASS **BOTTLE**

**BRUT . . . . . 9 50**

The Grounds & Talinga Park  
South Eastern Australia

**WHITES** 140ML GLASS **BOTTLE**

**SAUVIGNON BLANC . . . . . 8 45**

The Grounds & Talinga Park  
Goulburn Valley, NSW

**PINOT GRIGIO . . . . . 10 50**

Nugan Estate, 'Annelise'  
Riverina, NSW

**CHARDONNAY. . . . . 12 60**

Margan, Single Vineyard  
Hunter Valley, NSW

**ROSÉ** 140ML GLASS **BOTTLE**

**ROSÉ . . . . . 8 45**

The Grounds & Talinga Park  
Riverina, NSW

**REDS** 140ML GLASS **BOTTLE**

**CABERNET MERLOT . . . . . 8 45**

The Grounds & Talinga Park  
South Eastern Australia

**SHIRAZ . . . . . 12 60**

Maxwell 'Silver Hammer'  
McLaren Vale, SA

**PINOT NOIR . . . . . 10 50**

Talinga Park  
Goulburn Valley, NSW



### HOUSE COCKTAILS

AVAILABLE FROM 10AM

**PEACH BELLINI . . . . . 10**

Sparkling wine & peach pureé

**MIMOSA . . . . . 10**

Sparkling wine & orange juice

**BLOODY MARY. . . . . 16**

With vodka or tequila

**VIRGIN MARY . . . . . 10**

Tomato juice with our own spice mix

### BEERS AND CIDERS

355ML

**YOUNG HENRYS . . . . . 9.5**

Newtown Pale Ale, NSW

**ROCKS BREWING CO . . . . . 10**

Alexandria Lager, NSW

**YOUNG HENRYS . . . . . 10**

Apple Cider, NSW

### Sodas and water

**PINEAPPLE SODA . . . . . 7**

With fresh lime

**ALOE MATE SODA . . . . . 7**

With aloe vera, cucumber, lime & honey

**PUREZZA FILTERED WATER . . . . . 3PP**

Still or Sparkling