

BREAKFAST



Serving Breakfast 'til 11:30am. Also open for Lunch.

RISE & SHINE

FRESHLY COOKED PANCAKES Maple peaches, raspberries & vanilla cream19	FREE RANGE EGG OMELETTE (GF/DF on request) Serrano ham, caramelised onion, spinach,
EGGS ON TOAST (DF/GF on request) Cooked your way, toasted sourdough14	manchego, roast tomato22
	BACON CHOP (GF)
BIRCHER MUESLI (DF) Green apple, mango, coconut yogurt & passionfruit 17	Corn fritter, poached egg, kale slaw, pickle sauce24
SUMMER FRUIT SALAD (GF/DF)	HOUSE SMOKED MACKEREL
With coconut yoghurt, toasted	ON TOASTED CRUMPET
granola crumble & fresh mint17	Poached egg, asparagus, caper, crème fraîche22
CROQUE MADAME (V)	STEAK & EGGS FOCACCIA (GF on request)
Toasted three cheese & leek sandwich, bechamel, fried egg22	Field mushrooms, spinach, fried eggs, Aji verde 26
LOBSTER BENEDICT (GF on request)	BAKED EGGS (GF on request/V/DF on request)
Poached egg, crumpet, hash brown,	Zucchini, tomato, chickpea, eggplant
tarragon hollandaise & lemon34	ratatouille, kale pesto, herbed sourdough22

THE BAKERY BASKET

The Grounds continental selection of freshly baked pastries with house-made preserves, cultured butter & whipped mascarpone

~ 16 ~

THE CLASSICS

AVOCADO & FETA ON TOAST (DF on request/GF on request) Chickpeas, tomatoes, tabbouleh, sesame		
BREKKIE BURGER (GF on request/DF on request) Bacon, pork sausage, fried egg, avocado, tomato salsa & spicy green sauce on a pretzel bun		
HEALTHY BOWLS		
MEDITERRANEAN BOWL (GF/DF on request) Shaved cauliflower, roasted eggplant, chickpeas, sweet potato, hummus, herb pesto, sumac & yoghurt		
BREAKFAST BOWL (GF/V/VG on request) Brown rice, chopped greens, labne, avocado, fried egg, green chilli salsa		
Streaky bacon5	Roasted tomato5	
1/2 Avocado with lemon4	Italian pork sausage6	
Sautéed mushrooms with herb butter5	Sourdough toast3	
Poached free-range egg3	Hot smoked trout5	



DRINKS



Ask our friendly staff for our coffee menu.

Perhaps Something ighthaps with Bubbles +

House-Made SODA = DRINKS COKE/COKE NO SUGAR4-5 PINEAPPLE & LIME8 **LEMONADE ANTIPODES 1L** Choice of classic, raspberry or lemon, lime & bitters8 Still or sparkling water.....10 JUICES & SMOOTHIES MORNING SUNSHINE TRUSTY RUSTY Carrot, strawberry, red apple, ginger9 **CLEAN GREEN** Green apple, celery, pineapple, cucumber & lime......9 STRAIGHT UP CLASSIC BANANA SHAKE9 **MANGO TANGO**

BREAKFAST COCKTAILS

MIMOSA

A refreshing combo of sparkling wine & OJ, a perfect partner in crime for a lazy brunch $\scriptstyle\sim$ 12 $\scriptstyle\sim$

BLOODY SPICY MARY

A cocktail with the kinda zing that will make you sing

Tny Our Cocktails



Serving From

Please note that our menus are subject to change without notice. Please note that a 1.5% surcharge applies to all card payments. A 10% service charge will apply to groups of 10 or more. A 15% surcharge applies on public holidays. Not all ingredients are listed on the menu. Please make your server aware of any dietary requirements before ordering. Please be aware that our menu contains allergens and is prepared in a kitchen that handles nuts, shellfish, gluten and eggs. Whilst all reasonable efforts are taken to accommodate guest dietary needs, we cannot guarantee that our food will be allergen free.